



NATUROPATHIC MEDICINE ACADEMY

Codifying our knowledge. It's time.

December 10, 2025

Hello colleagues:

A few months ago, the Foundations of Naturopathic Medicine Institute rebranded as the Naturopathic Medicine Academy. Contrary to rumors of our Project's demise, we released the first volume of our textbook series, **Nature Cure**, available free on our website as a PDF download with an explainer video on how to use it. If you haven't gotten your copy yet, I hope you will—it's a treasure 18 years in the making by our profession's elders and thought leaders.

I'm back today to announce another book from the Academy, the much awaited TIMELINE volume titled **Naturopathic Medicine: History and Professional Formation TIMELINE**. Personally, I think its magnificent. It provides historical context to the existence, scope and purpose of the Naturopathic profession.

1 of 5

VISIT THE ACADEMY: [HTTPS://NATUREMEDACADEMY.ORG](https://naturemedacademy.org)

This isn't just a book; it's a meticulously crafted chronicle of pivotal moments that shaped our profession. As leaders, you understand the power of perspective—TIMELINE provides it, reflecting our shared heritage to inspire our doctors, faculty, students, and allies amid today's challenges, while fueling tomorrow's innovations.

From ancient roots at civilization's dawn, through centuries of dedicated practice that honed our art and science, we stand on the shoulders of giants—pioneers whose insights paved our path. This TIMELINE weaves a captivating history of our profession, a true tapestry of people, events, and institutions across the US, Canada, UK, Australia, India, Africa, and beyond.

Soon, we'll offer a searchable online flip book version of TIMELINE, followed by a deluxe print-on-demand hardcover—perfect for your office, library, or as a gift to emerging talents. Use it as a policy tool to convey our profession's depth, breadth, and qualifications. As a hardcover, it will be an enduring heirloom bound in premium materials.

I speak on behalf of NMA's Senior Editorial board, including Dr. Jared Zeff, Dr. Joseph Pizzorno, British naturopath Dr. Roger Newman Turner, Dr. Don Warren, Dr. Thomas Kruzel, with Dr. Stephen Myers and Dr. Jim Sensenig in memoriam, medical editor Amy Neil McBride, and Kelsang Tenpa whose quiet determination and gentle hand helped us arrive at this special moment.

We offer heartfelt gratitude to the Institute for Natural Medicine, our Institutional partner and Home— especially to Dr. Michelle Simon for her vital, unwavering support, partnership, and encouragement. Thank you as well to Dr. Mitch Stargrove and Dr. Craig Mehrmann for their years of scholarship, rigor and expertise.

I want to give special recognition and credit to Dr. Pamela Snider, Co-Founder of the textbook project and Past President of FNMI, for her sustaining and visionary leadership, unwavering focus and scholarship, careful management of countless moving parts in this massive endeavor, and perseverance through obstacles that threatened to derail the project. Thanks to her, and our dedicated team, this magnificent volume is now complete. We're immensely proud, and I hope you'll share that pride.

Launched 18 years ago at the Skamania Retreat, our textbook project addressed the need for unifying resources and tools. And now, it has delivered two such volumes, with more on the way.

Over 300 distinguished authors, editors, elders and thought leaders in natural medicine have contributed tirelessly to these books. We hope they will be adopted by our academics to teach our students and strengthen our profession's foundations. Please, download TIMELINE and Nature Cure for free, right now, and give us your feedback.

Your interest and voice with this work is vital in our shared mission to position vitalist, naturalistic, and evidence-informed NDs as the vanguard of healthcare evolution.

If you have projects where TIMELINE content could help, let us know—we want to support you. We're also excited to name Dr. John Finnell as lead editor for TIMELINE's next edition. Share your thoughts: corrections, missed items, stories, lineages—we'll pass them to John.

For our gratitude to all agency liasons, supporters and contributors, please read our website's acknowledgements letter.

And thanks to each of you for your engagement and leadership in advancing Naturopathic medicine for our sick and troubled world.

If you'd like a copy of this announcement to share, email me at rick@talknatural.com.

I'll end with words of endorsement from author Susan E. Caleff, PhD, Professor Emeritus at San Diego State University

“What a gem! *Naturopathic Medicine: History and Professional Formation TIMELINE* is indeed, a tapestry of people, events, and institutions. It is that rare compendium that honors the past, curates knowledge, models collective effort, provides current insights and self-awareness, and welcomes future additions. Its methodology is worthy of the most astute professional historians. A “dynamic tool” that echoes naturopathic healing and medicine itself, *TIMELINE* does not posture as one immutable “fixed truth.” It is a living document, compiled collaboratively from both oral and written traditions. In an era that often publicly rejects unity, collaboration, and hope, *TIMELINE* serves a far deeper purpose: it signals humanity’s ability to work collectively for the betterment of all.”